

A Raw Journey to Self-Love

JONATHAN VAN NESS

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FIRST EDITION

Designed by Yvonne Chan Illustrations by Yvonne Chan / © HarperCollins Publishers

Library of Congress Cataloging-in-Publication Data has been applied for.

ISBN 978-0-06-290637-3 ISBN 978-0-06-298270-4 (B&N) ISBN 978-0-06-298509-5 (signed)

19 20 21 22 23 LSC 10 9 8 7 6 5 4 3 2 1

# **RESOURCES**

### Planned Parenthood

Planned Parenthood is the nation's most trusted provider of vital reproductive health care, sex education, and information. While they are most well known for their women's health services, they provide services for people of all genders. These services include HIV testing, education, case management, and prevention.

www.plannedparenthood.org

800-230-PLAN

#### RAINN

RAINN (Rape, Abuse & Incest National Network) is the nation's largest anti-sexual violence organization. They carry out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice. They operate a 24-hour hotline that automatically routes the caller to their nearest sexual assault service provider. www.rainn.org

800-656-HOPE

### Phoenix House

Phoenix House is passionate about healing individuals, families, and communities challenged by substance-use disorders and re-

lated mental health conditions. With ninety-seven programs nationally and a legacy spanning fifty years, they provide individualized, holistic drug and alcohol addiction treatment.

www.phoenixhouse.org

888-671-9392

### The Trevor Project

The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning youth. They offer a national 24-hour, toll-free confidential suicide hotline.

www.thetrevorproject.org

866-488-7386

## National Coalition of Anti-Violence Programs

National Coalition of Anti-Violence Programs is a coalition of programs that document and advocate for victims of anti-LGBT and anti-HIV/AIDS violence/harassment, domestic violence, sexual assault, police misconduct, and other forms of victimization. Their site has a list of local anti-violence programs and publications.

www.avp.org/ncavp

212-714-1141

### Advocates for Youth

Advocates for Youth works with young people globally in their fight for sexual health, rights, and justice. Through their ECHO program, Advocates for Youth recruits, trains, and supports young people living with HIV to serve as leaders in the fight to end HIV stigma and criminalization.

www.advocatesforyouth.org 202-419-3420

#### GLSEN

GLSEN wants every student, in every school, to be valued and treated with respect, regardless of their sexual orientation, gender identity, or gender expression. They believe that all students deserve a safe and inclusive school environment where they can learn and grow. www.glsen.org

212-727-0135

## Peer Health Exchange

Peer Health Exchange empowers young people with the knowledge, skills, and resources they need to make healthy decisions. They do this by training college students to teach a skills-based health curriculum in under-resourced high schools across the country.

www.peerhealthexchange.org

415-684-1234

#### ASPCA

The ASPCA is a national leader in animal rescue and protection, working tirelessly to put an end to animal abuse and neglect. They have shelters across the country where you can adopt a loving pet companion.

www.aspca.org

888-666-2279