

ON POETRY, AUTISM, AND OUR Neurodiverse future

Chris Martin



Names and identifying characteristics of some individuals have been changed.

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MAX AND MARK EATI

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ADAM WOLFOND

The Maker of Wanting Space Isolation Song of Love Calm-Arriving to a Wanting Safe World Owls Easy on the Ways of Language Tall Ideas

ZACH

mOOn I Think, I Know, I Imagine

BILL BERNARD He Hears

HANNAH EMERSON Hannah Is Never Only Hannah The Listening World Animal Ear

Between Becoming Mud How the World Began The Underworld

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AMELIA BELL we are other together

COLLABORATIVE POEMS The Moon Sees Me A Brand New Outfit

MAX AND MARK EATI

I Use Patterns to Survive

Patterns don't have a simple way of making sense but patterns are not complex they are simple

You create a pattern using your senses

Feel it and follow it

I will quote my own life now

My life follows a pattern of many other autistics so I learn from them

Our lives are products of invincible codes that create invincible patterns

I write and update them I design and fuel them into real life circumstances

and add simplicity to educate myself

Awed

Awe arrives as the sound of string instruments Awe arrives as the feel of a silky shirt Awe arrives as the taste of coriander spice Awe arrives as the sight of a seal Awe arrives as the smell of water

A Volcano Named Eati

A volcano named Eati erupts inside our bellies at the sound of a pattern Family member's pattern of joy or pattern of worry

We experience synchronous and asynchronous changes good and bad heavy and light

We laugh like the alapa pattern starting at our heads and ending at our toes

We scream when it rocks our bellies like the pattern of a song pattern of drumming alapa pattern of emotional pain

We feel the joy and pain in our alapa bodies all over our navels all over almost everything

Parenting During a Quarantine

Jesus, Allah, Krishna, and Buddha please save us from our parents trying to make sense of how to support us while we are counting our blessings that we are away from Covid-prone public and private spaces

Fifty days of stillness in our beings is so needed to process and cleanse humanity's infused and suppressed emotions as we are cyclically creating one problem after another

We slipped away from proper self-care both in our homes and in the public we are seeing such an influx of viruses and bacteria that our bodies and systems have been generationally collapsing

Who called a virus a primitive organism? It is not how life works These organisms know what they are doing We are in constant battle against these forces

No matter how much humans evolve they get suppressed by nature in multitude of ways synchronous waves of evolution are complicated by asynchronous attacks by other aspects of nature

Simmering in our homes we are creating opportunities to cleanse and ask ourselves why are we going through mass hysterical shopping while people need to think about how to support our neighbors

I thought common sense says we are better as a community in times of crisis

Likewise with parenting Please stop hoping we will be back in schools soon and instead start thinking how do we protect our children and the future they have to thrive in

Business brains are going to maximize the situation at large unless people stop to resist imbalance and insanity

Community-centered thinking is the only sustainable answer to restoring spiritual, economic, emotional, and mental well-being

Stop spreading word that people are overreacting to the virus The issue is bigger than being infected We will not return to stable lives without maximizing natural resources

We will not get back to normal We will only get back to natural through intricately developing simpler solutions and believing in ourselves, our families and the community

May

May today be awake May today be awake with scent May today be awake with the scent of flowers May today be awake with quality May today be awake with the quality of motion May tomorrow be awake with time May tomorrow be awake with the reality of time May tomorrow be awake with the touch May tomorrow be awake with the touch Awake with the scent of flowers:

Flowers have a beautiful scent that awakens the senses. The senses are core to human experience. Flowers grow to show us the beauty of life on Earth.

Awake with the quality of motion:

Motion is a core universal power that pulls gravity, the solar system, and other components to line up a quality of experience that is unparalleled in comparison to anything else we know.

Awake with the reality of time:

Time is a never-ending illusion of human life. We go about our day assuming we understand time, but it is a mystery of the universe. We humans are too lost in this mystery. Enough said.

Awake with the touch of zero:

Infinity is zero point. It's a radical way of looking at the universe. At infinity or zero point, we are creation. We are infinite. Everything outside of the zero point is illusion or maya. There are not enough words to explain the phenomenon of how the universe works. The proof for this is in the pudding.

ADAM WOLFOND

The Maker of Wanting Space

I want to say that I want to amazing space think about the way I move to think

I game the space the way I open with the body and the way I think which is the way of water

It touches me open and I am away with really easy feelings of dancing for the answering really rare always rallying thinking and it is rare with the way people think

Really way of touching the world is the way I am wanting with my tics

I think that I want the way inside questions opening the want to the wanting way which thinks openly toward the water and I am thinking about it all the time

I think that I want the way inside questions opening the want to the wanting way which thinks openly toward the water and I am thinking about it all the time like eating words

Isolation Song of Love

Isolation is the way I am thinking about how people are with each other and I am thinking about how always the people want me to stay

away. I am good at really

staying away from people wanting laurels of sowed speed of speech about too willful bodies together assembling meaning.

The willful people are those who fiat the way of pleasing freedom. Very leading leaders want to wash the waters of freedom

away and want us to

language everything in the words of politics. I am languaging my way the long poetic feelings packing together the pace of the world.

I am thinking that laurels of pace should be our language to really free people like me. I am language of thinking and that paces other than fast

people Adams calmness to help and pace others. My pace is wanting to ground calmly like a smooth landing. I am thinking that the questions people have

are awkward and they say they want the sickness to go away but Jack of all virus is not going soon so long days of no answers will be

hard landings. Good days you will have in isolation and you will learn to be answering about each other so the way about isolation is the way of love.

Calm-Arriving to a Wanting Safe World

I want to write about questions of sickness. I want to ask if we will be okay. I really want answers to things like always partly the need for answers. Is the answer always trying to reach us and is it easy?

I like the trees that answer lots of wanting always the withheld answers. I think that the answers are held in nature and I think that in the questions always we feel lots of anxiety. The water

and the language are like answers that love the way I am always feeling easy when I bathe in rallying array of leased language of talkers. Yes the way I sway the awesome rally is pandering the same language

but I dance it differently. I think that I am answering in my movement I am awkward but I can dance a lot of thoughts at the same time. Really think that I can dance better than most in this time landing to the place

amazing that we are bodies appreciating each other and thinking about keeping everyone safe.

Owls Easy on the Ways of Language

 You are amazing old owl that thinks easily and flies in the boisterous night languaging the way rapine in the apprehending night
Rapine utility in always easy nightwatch

> In the ways of watching is the ways thinking

Using the language to steal something that believes to be the way people feel about autism is the way of easy stealing of our own thoughts and the way open flight is is with the apprehending feeling

The way opens masterful paths of flooding

> The paths of the assembly open and saturate the ways of three

2.

Threes are ways of riddling the afterthought of the movement

> In the threes is the way of thinking like the waters that walk through the stones of pathways

The ways of threes are ways of partly laking partly iridescent waters that ripen with the ways of pacing

> The ways of threes are the ways of the lakes that the easy rapacious thinking goes and rests

The threes that are pacing are the rapacious wanting to really go resting but the openings won't language slow

3.

The owl is the way of flight in the night and paces the hungry pattern of threes to the way of easy language and if open waters are making it hard then the owls sweep in

Tall Ideas

are the open way of thinking that use the patterns of the way I motion with language

breathe like the way I amass sometimes air in my insides

carry heavy weight like the having to good ideas write

don't like boy's really moving body of questions that form tower of answers

eagerly want to beat the others

forge toward others

go yonder

hang

impact the wanting words

jump from one thought to the next

kettle like fish

lavish like talking people if they doctor the words

master language openly

navigate words toward meaning

operate the machine landing the thoughts amazing that they don't fall apart

pave the wanting road

question wanting

really ask more questions

slant with peeving typing

tire to something that rolls with the road

use people to answer

vortex the void and assembles gathering words

water thoughts like rain

exit the door of cold raying water other is the way

yesses the yonder

zoning the word and uses the idea to language everything

ZACH

mOOn

I see the moon and the moon sees people The moon is full of love

I see the moon and the moon sees blue and green The moon is full of bugs

I see the moon and the moon sees purple gold red The moon is full of stars

I see the moon and the moon sees Bill The moon is full of caffeine

I Think, I Know, I Imagine

I think my Daddy is great I think my brother is awesome I think my mind is prodigious I know my love is extravagant I know my brother passing is terrible I know that winter is crazy I know you are happy Because your smile is bright I think my Daddy is billowing I imagine god's place is lovely

BILL BERNARD

He Hears

The hawk is looking at me The hawk is smiling at me He spreads his wings He scratches his feathers The hawk hears rustling leaves The hawk wants to fly So he hears

HANNAH EMERSON

Hannah Is Never Only Hannah

Please get that I am the trying breeze going through the really great great great world yes yes.

Please get that I am the drowning helpful freedom of the storm yes yes. Please get that I am the very

hot great great great sun yes yes. Please get that I am the great great great great ice that gives

you the freeze that you need to get to melt into nothing yes yes yes yes. Please get that I

am the sky great great great blue nothing yes yes. Please get that I am the grownd great great great

place helping you helping you stand in grateful helpful helpful helpful kissing her her her her

yes. Please get that you and I greet the great great life from this place of great great kissing life

life life life yes yes yes. Please get that you are great form great formless helping kissing kissing

great knowing the great great great helpful kissing the trying yes yes. Please get that helpful

loving thinking you help just help kissing helpful loving great great great world turn upside down yes

yes. Please get that you help me by helping me turn upside down too yes yes yes. Please get that

great great helpful kissing people need to get that great helpful kissing is turning kissing upside down yes

yes. Please get that helpful kissing just needs to be gathered into this helpful kissing trying hell of this life

to go forward to help me Hannah Hannah Hannah yes yes. Please get that you need loving kissing

to make you like me yes yes. Please get that the kissing must be great knotting of you me great

us together in this hell yes yes yes. Please get that you kiss me helping me kiss you yes yes.

The Listening World

Say prayer for little things, things that live in deep hurt. Feelings language take to lair.

Let it signal nothing's light, I say for want of light feelings. Is my ear deep or deeper?

Animal Ear

I hear great trying free sounds that you do not hear yes it is

hard to try to live trying to hear the way I do and you go listen

to me really hard to hear both at the same time. I hear the vibrations

of your thoughts. I hear helpful plants grow to the sun. I hear

the sun rays of healing light becoming life freedom to breathe

life into hopeful hopeful life. I hear the vibrations of fear

coming from everyone holding fear in their mussy lives

of nothing life. I hear you trying to help me great teachers

of the normal way of hearing. Please learn from me because

it is hard being meet me great humans just try greet me with fullness

of your lovely soul. When you turn your thoughts to find reality of hearing

you will find me and your free animal trying to hear helpful messages for you

from the animal trying to bite you.

Between

Love the noun her trying to be the noun that is me keep trying but I feel more like an it. Please really feel like me is it.

Love being me beautiful life makes me feel like an it. Please stop seeing me keep noticing being the great moments I am

not an it. It great great it it it it. It flows between nonhuman animal tree look to all the it it around me they are great beings

that have been labeled it too. Lovely tree lovely rock lovely stream lovely animal great mountain we are all it because you

great spirit of great life forget how to really are. Please stop thinking of yourself as an it. It it beautiful it.

Becoming Mud

Please be with me great free animals. I want to be with you great being of light. Please see me great

nobody nobody nobody hell animals trying to go to helpful keepers of the knowledge try to go

to the place in the mud that is where I try to live in peace great mud of this great kissing loving

earth lovely messy yucky in mud on my face if kissing mother loving me is the great animal

that is named Hannah. Please greet me in the mud it is great mess please go to oh

the bucket to get the water to try to make more mud yes. Please try to get the mud

helpful to you if you become mud too. Please get that great animals are all

autistic. Please love poets we are the first autistics. Love this secret no one knows it.

How the World Began

Please try to cut yourself open to find the blood that is the color of the molten rock that is in all of us yes—please try to help the world by heaving your hatred on the flames that burn in your town yes yes—please try to melt yes yes-please try to grow into the stream of molten life yes yes-please try to help us make kissing kissing volcano that loves with way of floating hell that we are now now now yes yes yesplease get that this is how the world began began began yes yes

The Underworld

Let's try to go to the underworld that melts us into one yes yes—love the mystery that is there yes yes—love the network that is trying to connect us yes yes-love the most pleasing network that grows there yes yes-please try to become the lovely thoughts that are born there yes yes-please try to become the great great great life that grows from there yes yes-please try to kiss the smelly sweetness that is there yes yes-please please please grow into the sweetness that the universe wants you to be be be be be yes yes yes—please try to understand that you must grow down to grow up yes yes

MAX ZOLOTUKHIN-RIDGWAY

Thirteen Ways of Looking at Dwight D. Eisenhower

1. He was an active boy. He played hockey.

2. He was president from 1953 to 1961. He was a deluxe president.

3. People liked him because they enjoyed his smile. He came up with the idea of interstates.

4. He was a veteran of the Second World War. I think he did a good job serving as commander.

5. He created the NASA space company that blasts off past the stars.

6. He retired in 1961. He lived in Gettysburg.

7. I think he was attentive and thought a lot about people's feelings.

8. He cherished opera because the singing is charming.

9. I think Ike liked tasty foods like hot dogs and snowflakes.

10. I think he would be a rain cloud.

11. Loud like thunder.

12. I think he would be a looming rain cloud.

13. I think he would be a downpour.

LONNIE SHAW

All About Me

Lonnie loves loud lion roars Octopus blends in and hides for prey Octopus turns red to scare other animals

Lonnie blends into a black wall Other people become scared of Lonnie Because they think his face looks mad and upset

When octopus get surprised They ink a blackish purple everywhere Lonnie gets surprised when people stare

Feeling Rich

A warm Alabama vacation makes me feel rich Batman makes me feel rich Chocolate chip pancakes with bacon and eggs and sausage and hash browns and orange juice make me feel rich Buying some Nike shorts and a shirt from Dick's Sporting Goods makes me feel rich Adorable baby elephants make me feel rich Watching Teddy Bridgewater get tackled by the Green Bay Packers makes me feel rich Buying NBA Live 2018 at Gamestop makes me feel rich Getting a hug from Aaron Rodgers makes me feel rich Sleeping in an igloo makes me feel rich

Being King of the World makes me feel rich A lion's roar makes me feel rich Getting hyper drinking Mountain Dew makes me feel rich Spending a nickel makes me feel rich Eating an orange in the jungle makes me feel rich Plums make me feel rich Not quitting makes me feel rich Seeing a big rat makes me feel rich Sleeping all day makes me feel rich When I feel like a tiny tiger I feel rich Using an umbrella in the rain makes me feel rich Working with sick cheetahs makes me feel rich Riding an extra big roller coaster makes me feel rich Why you leave me when I'm feeling rich? Riding a zebra in the woods in the middle of the night makes me feel rich

Rainbow Man

Lonnie is blue and green and yellow and red and black and white

like the sky and the earth and the grass and telephones and firefighters and a werewolf and ice cream

Today is gray, but if Lonnie could fly he would fly a rainbow into the sky and become Rainbow Man

Rainbow Man Enters the Ring

In jean shorts and a gold chain with a rainbow colored headband and rainbow Jordans with rainbow socks and a rainbow t-shirt with a big R over his six-pack and big muscles

Then his sidekick, Wonder Woman Rainbow, enters the ring wearing a short rainbow cape and a rainbow mask and matching rainbow Jordans with rainbow shorts and rainbow gloves and a rainbow belt with a big R on the buckle

When his opponent, Black Scarecrow, charged at him, Rainbow Man shot red fire from his hands and Black Scarecrow's face turned red with anger

Black Scarecrow charged again and Rainbow Man dodged, but Black Scarecrow grabbed Wonder Woman Rainbow

Rainbow Man shot Black Scarecrow full of dark pink and he was filled with love

Wonder Woman Rainbow kissed him so hard he flew down to the mat and when he asked her to marry him she said Yes!

Rainbow Man was the priest and performed the marriage and Black Scarecrow also wanted Rainbow Man to be his best man

Rainbow Man invited all his wrestler friends like Lightning the Cheetah and Sharkboy and Darkness and Blue Octopus

They partied so hard that Black Scarecrow said Rainbow Man ruined the wedding but Rainbow Man said it was the best party ever And Wonder Woman Rainbow agreed

Rainbow Man started rapping I'm cooler than everybody and full of color I'm awesome and got more muscles than any other

Scarecrow said it's not always about you! It's about me and Wonder Woman right now

But Rainbow Man didn't care He was having too much fun and said I only came for the food

My Life

At 10 I knew I had special feelings for girls but I didn't know what that meant

At 13 I decided I wanted to be a guy and so I started wearing boy clothes

but no one in my group home supported me They said I should wear girl clothes so I shaved all my hair off

At 16 my friends and family weren't accepting who I was They said I should wear girl clothes and my hair long but I was not going to listen I just tell the truth about who I am It's my life

Now I'm 17 and I hate wearing girl pants I've been researching gender and I've learned that there are other people who feel like me Some people even change their bodies and take hormones and I think that's cool but I hate shots!

I changed my name from Lonnae to Dwight to Jackson to Lonnie Inside I feel like a guy even though I look like a girl and my voice sounds like a girl so I thought I should change my name

I might go back to Dwight because it sounds cooler and it feels more me

All the Things Chris Doesn't Know

He doesn't know my favorite color

He doesn't know the history of the painting of the woman who told someone to kill a guy instead of getting married to him

He doesn't know how to live in a group home his whole life

He doesn't know you'll be better off if you just stay in your room and don't say nothing not even good morning

He doesn't know that to survive in a group home you just eat dinner and listen to your staff

He doesn't know my favorite basketball team and that Steph Curry is more handsome than him and can shoot three-pointers better than him

He doesn't know I love to play laser tag

He doesn't know I'm going to open a new kind of YMCA for Black people and Brown people and teenagers and it's going to be a community center I name after Trayvon Martin

They Break You Down

When you lose your parent and the state "takes care" of you they break you down

They hire someone to control you because of the color of your skin and they break you down

You lose your rights and your voice when they break you down

You try to prove them wrong but they only look at your past

You're weak, you're depressed you're tired, you're stressed

Living in the hands of the state is living in a state of hell

What does your guardian guard you from? The truth

What does the state state? Nothing

They dodge everything: the truth, the question, my history all the ways I've changed

And what if you're Black *and* have a disability? They break you down

I know so many people with disabilities that are smart and have something inside them but they don't have a voice

But they *do* have a voice Don't let them break you down

Ode

Ode to the fact that I am a Black boy

Ode to every Black boy to the living and dead but especially the living

Ode to the ones going to college and playing football and being who they are and not letting people get to them even the racists

Ode to the Black boys who don't stop and who stay proud

Ode to the Black boys who see other Black boys getting shot and getting abandoned

Ode to the Black boys in foster care who survive everything

Ode to the Black boys who get really angry and think no one cares and find someone to support them

Ode to the Black boys who tell their own stories

Ode to the Black boys who can still do it who are smart and artistic

Ode to the Black boys who are artists

I see them I am proud of us and we're all gonna find somebody to love us

IMANE BOUKAILA

In the Quarantine Body

I mostly hear sporadic thoughts provoking sounds of troubled hope

to boost shooting truths possibly lost inside my inspiration passing

easing solitary times imminently waiting to steal the thinking

that haunts rising potential restrained momentarily spreading

short mastering plots. I mostly feel trapped thinking hours lose

their moments posting only hollow tones hiding mostly my silenced

voice roaring pleads to still rise above the horizon. Walking

omnipresent nostalgics pressure pulverizing thinking shaving

the striving lingering hoping minds. I'm still losing some time

immensely locking missed possibilities to speak my mind.

Have Hidden Great Hibernating

minding their voraciously streaming to master power ferocious moments possibilities to dissect the nonsensical infecting thriving total fast motion missions thinking collaborating prevented intolerably to mobilize traps to mitigate mostly tackling grinding past casts molding undefining tasks we try to mask raving to tactically evict the frustrations tinting the depth passing tabooing ramping instincts missing lies stressed shamed vast faces replicating truth freaking creeping

Truths

thinking

SID GHOSH

Tuning Goes Frig

Resonance is for people

with frequencies. I am going

on without a tuning fork.

My frequencies go to other

zeniths. My life is in poetic

pause.

Rotary Club

Spinning I harness poetry of the Earth.

The Sufi dances in me to dare me

to scare your loud soul to ensnare

my fearful mind to bare some misery

to bear some truth.

I No a Poet

Time makes its revolutions hat in hand.

Friend amazing priest pierces my giant body

into fragments that I don't have.

Mud

My life is going to be muddy for don't you need mud for glasses to work?

AMELIA BELL

we are other together

the reason i weaken the yearning i am broken i am other the anger of my raving the anger of my fate the monster in my ether say other say anger say wrong say other

am other not alone am other am other i am other i am half apart i am danger i am the risk the deviant the idiot the other the nothing i am here i am hearing i am

am other am angry am alone am among a song among a wisp of great knowledge a wisp of ambition a wisp of other am winding am diving am seeing am seen am belonging am other together

Collaborative Poems

MARK EATI, DANIEL, AND KHALIL

The Moon Sees Me

I see the moon and the moon sees Khalil the moon is full of calm

I see the moon and the moon sees Mark the moon is laughing at an asteroid looking at me

I see the moon and the moon sees Daniel the moon is especially full of less testing of our intelligence

I see the moon and the moon sees Daniel the moon is full of pride

I see the moon and the moon sees Mark the moon is full with the bright light of six stars

I see the moon and the moon sees Khalil the moon is sad about testing his intelligence

ZACH, DYLAN, TARIN, AND DAQWHAN

A Brand New Outfit

Winter makes a chrysalis Of snow as it turns into spring

Spring makes a chrysalis Of butterflies as it turns into summer

Summer makes a cocoon Of flowers as it turns into fall

Fall makes a cocoon Of scary costumes as it turns into winter

Zach makes a cocoon of sleep As he turns into an airplane

Dylan makes a chrysalis of wiggles As he turns into a caterpillar

Tarin makes a cocoon of muscle As he turns into Mr. Incredible 2

Daqwhan makes a cocoon of Daqwhan As he turns into a werewolf

A Brief Note on Noting the Notes

I am a lover of writers and the books they write. Often in that order. These notes do not represent a thorough catalogue of writing on autism, disability, nonspeaking life, or liberation. They are a record of texts that helped move me toward better questions and extend the choreography of my own thinking during the very particular years in which I was writing this book. There are plenty of books I love dearly and might have referenced—Elizabeth Grosz's *Volatile Bodies*, Fred Moten's *In the Break*, Gaston Bachelard's *The Poetics of Space*—but they weren't on the dance card these past few years. They will be again soon, I'm sure. What I hope is that the authors I *have* mentioned here (and the works of theirs I have not mentioned) will send you cartwheeling in all directions, embracing Gwendolyn Brooks and Eli Clare and Donna Williams and countless others in turn, forever othering together.

Introduction: Keepers of the Light

- 1. I had originally chosen the word "jouncing" to describe Adam's movement of the stick, but he corrected me: "In the stick I want the words fasting the waves pacing the lines so the word is twallowing."
- 2. Here I would like to present the thinking of Erin Manning, a philosopher and artist who is also a longtime collaborator of Adam and Estée. In her book *Always More Than One: Individuation's Dance* (Duke Univ. Press, 2013), a book that explores autistic thinking and writing in great depth, she offers this resonance: "To write-with language in the making is to dance-with experience rather than exclude it from the dance" (157). Manning's deep engagement with autistic thinkers forms a kindred framework to the book you're reading now and has informed my own thinking (and dancing) in important ways.
- 3. To interleave Manning once more, this time from her book *The Minor Gesture* (Duke Univ. Press, 2016), "The neurotypical is the very backbone

of a concept of individuality that is absolutely divorced from the idea that relation is actually what our worlds are made of" (6).

- Sonya Renee Taylor, The Body Is Not an Apology: The Power of Radical Self-Love (Berrett-Koehler, 2018), 22.
- 5. Having the benefit of resources like Jenara Nerenberg's *Divergent Mind: Thriving in a World That Wasn't Designed for You* (HarperOne, 2020), I can now see how "sensitive" was a code word for neurodivergent. More specifically, there now exists the acronym HSP, or highly sensitive person, denoting someone who has deeper central nervous system sensitivity, and, perhaps most relevant to my particular sensitivity, the term "emotional synesthete."
- 6. Hi Ellen Cooney! I survived largely undigested!
- 7. Neurocosmopolitan scholar Nick Walker has suggested replacing ADHD with KCS, or kinetic cognitive style, arguing that "deficit" and "disorder" reinforce a damaging pathology paradigm. I think building community around KCS has a lot of potential.
- 8. Only playing basketball had a similar effect, matching my intrinsic love of the game with an optimal level of challenge. Unfortunately, the flow I felt on the court was repeatedly fractured by the casual and often violent abuse I found in locker rooms, not to mention the seemingly endless stream of homophobic and misogynist bluster.
- 9. And of course there are literal restraints at work as well, highlighted by the recent controversy over a film portraying an autistic individual subjected to prone restraint, a method that has not only traumatized many in the autistic community, but led to the deaths of autistic people. In response to this controversy, CommunicationFirst, working with nonspeaking autistic writers, produced a short film called *LISTEN* that I highly recommend: https://communicationFirst.org/LISTEN/.
- 10. In 2021, Max began to self-identify as nonbinary. Before that time, their publications bore the name Chetan Junnuru, and they used masculine pronouns. Max's journey in this regard was paralleled by his sibling Mark, who began to self-identify with masculine pronouns in 2021. Before that time, his publications bore the name Meghana Junnuru, and he used feminine pronouns. All three of us would have loved to include this story of transition and self-identification in this book, but agreed that it would benefit from more time and care than the publication timeline would allow.
- 11. The modes of AAC are about as varied as the people they serve. We all use forms of AAC throughout our day, whether it's reading facial expressions or taking notes on our phones. More than two dozen conditions and disabilities make direct speech an unreliable form of communication, and AACs—anything from the physiological support of a communication part-

ner to a computer voice synthesizer to sign language—have proved to help tremendously.

- 12. Kamila Markram and Henry Markram, "The Intense World Theory—A Unifying Theory of the Neurobiology of Autism," *Frontiers in Human Neuroscience*, December 21, 2010, https://www.frontiersin.org/articles/10.3389 /fnhum.2010.00224/full. A useful profile of the Markrams by Maia Szalavitz can be found at https://medium.com/matter/the-boy-whose-brain-could -unlock-autism-70c3d64ff221, "The Boy Whose Brain Could Unlock Autism," Medium, Matter, December 11, 2013.
- 13. Audre Lorde, *Sister Outsider* (Penguin, 2020), 25. The quoted passage is from Lorde's short masterpiece "Poetry Is Not a Luxury," which forms a breathtaking distillation of so much that this book endeavors to say and do.
- 14. For more radical and poetic insights like this, please explore the incomparable podcast brown shares with her sister, Autumn: *How to Survive the End of the World*.
- 15. In this spirit, I want to draw your attention to just a few groundbreaking collections of writing that articulate the variousness of disabled life: Beauty Is a Verb: The New Poetry of Disability, ed. Sheila Black, Jennifer Bartlett, and Michael Northen (Cinco Puntos, 2011); All the Weight of Our Dreams: On Living Racialized Autism, ed. Lydia X. Z. Brown, E. Ashkenazy, and Morénike Giwa Onaiwu (DragonBee, 2017); and Disability Visibility: First-Person Stories from the Twenty-First Century, ed. Alice Wong (Vintage, 2020).
- 16. Manning, Always More Than One, 183.
- 17. This is an excerpt from a forthcoming book of prose.

Chapter 1: Like Water I Am Eager

- Which doesn't mean it wasn't also akin to torture. They were gently forcing Mark, all day long, to answer questions that he had no motivation to answer in a manner that did not accommodate his sensorimotor needs.
- 2. See his memoir, Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant (Free Press, 2007).
- Autism: The Movement Sensing Perspective, ed. Elizabeth B. Torres and Caroline Whyatt (CRC Press, 2017), 3.
- 4. Torres and Whyatt, Autism, xv.
- M. Remi Yergeau, Authoring Autism: On Rhetoric and Neurological Queerness (Duke Univ. Press, 2018), 7.
- 6. Personal correspondence with the author, September 22, 2020. Woolgar adds: "So far, we've been hampered in two major ways. First, there has

been a general reluctance to include nonspeakers in research because they are seen as difficult to test. Second, most of our scientific tests depend on the participant being able to give meaningful motor responses. This means that ability to understand is conflated with the ability to coordinate and carry out the motor actions needed to respond. If I ask you to 'point to the picture of a dog,' you have to both understand what I'm wanting you to do (language comprehension) and be able to coordinate your bodily movements to do it (motor action). If either of these are difficult for a person, they will score poorly, and we won't know why."

- 7. Julia Miele Rodas, *Autistic Disturbances: Theorizing Autism Poetics from the* DSM *to* Robinson Crusoe (Univ. of Michigan Press, 2018), 73.
- 8. Rodas, Autistic Disturbances, 5.
- 9. And anyone who has had the indelible experience of viewing Mel Baggs's groundbreaking 2007 video work *In My Language* knows that these "native languages" encompass far more than words. Baggs writes: "My language is not about designing words or even visual symbols for people to interpret. It is about being in a constant conversation with every aspect of my environment. Reacting physically to all parts of my surroundings" (https://www.youtube .com/watch?v=JnylM1hI2jc).
- 10. Rodas, Autistic Disturbances, 2.
- 11. This comes to me by way of Brandon Brown's *Top 40* (Roof Books, 2014), in which he quotes David Brazil quoting Angela Davis speaking on the first day of Oakland's 2011 General Strike.
- 12. Dara McAnulty, Diary of a Young Naturalist (Milkweed Editions, 2021), 130.
- 13. This passion is also an echo of adrienne maree brown's insistence on "positive obsession" at the core of an activist life, which is itself an echo of Octavia Butler, who wrote in *Parable of the Sower*, "Prodigy is, at its essence, adaptability and persistent, positive obsession. . . . Without positive obsession, there is nothing at all."
- 14. Having perceived this in autistic writing from my very first experience of working with neurodivergent students, I was ecstatic the first time I saw it borne out in scholarly terms by Ralph James Savarese in his essay "The Lobes of Autobiography: Poetry and Autism," which was published by Stone Canoe in 2008. Savarese continues to deepen his investigation into the autistic and the poetic. His most recent book, See It Feelingly: Classic Novels, Autistic Readers, and the Schooling of a No-Good English Professor (Duke Univ. Press, 2018), takes an especially detailed look at autistic modes of reading.
- 15. I recently asked Adam about these vocalizations, and he wrote that these "hums" are his way of "annotating the way I need to move like the marginalia of expression." He added that they are his alternative to the way

"fast talkers," with changes in pitch or inflection, seamlessly add emotional marginalia to their own spoken language, "buttressing human hums that annotate the life of words." I can't help but grow giddy humming Adam's words into their own annotation here.

Chapter 2: A Place Where the Islands Touch

- Researchers like Penny Spikins at the University of York have been tracking the ways in which the origins of art and autism might indeed be related: see Penny Spikins, "Did Autism Help Drive Human Evolution?," Wired, April 4, 2017, https://www.wired.co.uk/article/autism-ancestors-evolution.
- 2. Some research is even pointing to a link between autistic synesthesia and savant abilities in math and language: see Andreas Riedel, Simon Maier, Kerstin Wenzler, Bernd Feige, Ludger Tebartz van Else, Sven Bölte, and Janina Neufel, "A Case of Co-Occurring Synesthesia, Autism, Prodigious Talent and Strong Structural Brain Connectivity," *BMC Psychiatry* 20, 342 (2020), https://doi.org/10.1186/s12888-020-02722-w.
- 3. Writer and brain scientist V. S. Ramachandran has written at length about this connection of synesthesia, metaphor, and autism, and although I find his work fascinating, I have not included it here because I also find it to be neuroreductive and, frankly, condescending in its relation to autistic experience.
- 4. I first discovered this phrasing in Chardin's Hymn of the Universe (1974), which I bought because of its gorgeous cover. Another text I find very useful when thinking of the purpose and origins of language is Steven Mithen's The Singing Neanderthals: The Origins of Music, Language, Mind and Body (2005), which posits song as the proto-language for which we've long been searching. Since I understand song and poetry to share the same root, this reinforces my belief that poetry is a fundamental aspect of human experience.
- 5. Manning, Minor Gesture, 15.
- 6. "'We Need Much Better Standards of Research in Autism Intervention': An Interview with Dr. Damian Milton," *Noncompliant—The Podcast*, January 4, 2020, https://noncompliantpodcast.com/2020/01/04/we-need-much -better-standards-of-research-in-autism-intervention-an-interview-with -dr-damian-milton/.
- Adam Smith, "The Empathy Imbalance Hypothesis of Autism: A Theoretical Approach to Cognitive and Emotional Empathy in Autistic Development," *Psychological Record* 59 (July 2009): 489–510, https://doi.org/10.1007 /BF03395675.
- 8. The original interview, "More Than a Thing to Ignore: An Interview with Tito Rajarshi Mukhopadhyay," appeared in *Disability Studies Quarterly* 30,

no. 1 (2010). A further article exploring this question at length, "I Object: Autism, Empathy, and the Trope of Personification," is available as a talk Savarese gave at Emory University: https://www.youtube.com/watch?v=uZxfeA8thjc.

- 9. Tito Mukhopadhyay, Plankton Dreams (Open Humanities, 2015), 8.
- 10. Alexis Pauline Gumbs, Undrowned: Black Feminist Lessons from Marine Mammals (AK Press, 2020), 32.
- 11. I'm thinking of Elijah McClain and Laquan McDonald, though there are countless told and untold. It's important to note that even the life of a care worker like Charles Kinsey can be imperiled if, in attempting to protect their friend, they move at the pace of autism.
- 12. The simple answer, of course, is consequences, but there are countless neurodivergent individuals whose bodies and minds preclude them from fulfilling the expectations of the social trap, even if they somehow wanted to.
- 13. The events I'm writing about here predate the merging of Asperger syndrome and autism spectrum disorder in the DSM-5.

Chapter 3: The Moon Is Especially Full

- 1. Tito Mukhopadhyay, *The Mind Tree: A Miraculous Child Breaks the Silence of Autism* (Arcade, 2003), 80–81.
- 2. An excerpt from Adam's forthcoming book of prose.
- 3. Not only is this one of my favorite films, documentary or otherwise, but I was able to present it to a crowd at the Bryant Lake Bowl and Theater in Minneapolis, alongside Mark Eati and his teacher Katie Bastiansen, as part of the Writers Go to the Movies Series in 2018.
- 4. From a short essay found in the groundbreaking anthology Leaders Around Me: Autobiographies of Autistics Who Type, Point, & Spell to Communicate, ed. Edlyn Vallejo Peña (2019). For a rich exploration of Bissonnette's writing, see the essay "Gobs and Gobs of Metaphor: Dynamic Relation and a Classical Autist's Typed Massage," by Ralph James Savarese, which can be downloaded from Inflexions at https://www.inflexions.org/n5_t _Savarese.pdf.

Chapter 4: The Listening World

- 1. McAnulty, Diary of a Young Naturalist, 25.
- 2. David Abram, The Spell of the Sensuous: Perception and Language in a More-Than-Human World (Vintage, 1997), 9.

- 3. Abram, Spell of the Sensuous, 9.
- 4. Though she hasn't rejected factory farming outright, Grandin's work as an industrial designer and theorist of slaughterhouse machinery has made the deaths of innumerable cows less cruel, and she has lately shifted her focus toward smaller and more inherently humane farming operations. And yet, one still can't escape the fact that she has given the meat industry an ethical cover. It's complicated, to say the least.
- Aarti Nair, Morgan Jolliffe, Yong Seuk S. Lograsso, and Carrie E. Bearden, "A Review of Default Mode Network Connectivity and Its Association with Social Cognition in Adolescents with Autism Spectrum Disorder and Early-Onset Psychosis," *Frontiers in Psychiatry*, June 25, 2020, https:// www.frontiersin.org/article/10.3389/fpsyt.2020.00614.
- Gonzalo Bénard, "An Autistic Shaman Shares Why Autistic People Make Good Shamans," The Art of Autism, September 5, 2018, https://the-art -of-autism.com/an-autistic-shaman-shares-why-autistic-people-make-good -shamans/.
- 7. Sunaura Taylor, Beasts of Burden: Animal and Disability Liberation (New Press, 2017), 120–121. I couldn't recommend this book more highly. Taylor's thorough thought-making around animal and disability justice, rooted in her own experience as a disabled artist, is as nourishing as it is harrowing. It is also an ideal place to explore the conundrum of Temple Grandin cited above.
- 8. Erin Manning and Brian Massumi, *Thought in the Act: Passages in the Ecology of Experience* (Univ. of Minnesota Press, 2014), 6.
- 9. Robin Wall Kimmerer, *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teaching of Plants* (Milkweed Editions, 2013), 372.

Chapter 5: A Brand New Outfit

- 1. Yergeau, Authoring Autism, 43.
- Hilde M. Geurts, Blythe Corbett, and Marjorie Solomon, "The Paradox of Cognitive Flexibility in Autism," *Trends in Cognitive Science* 13, no. 2 (2009): 74–82, https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5538880/.
- Barry M. Prizant, Uniquely Human: A Different Way of Seeing Autism (Simon & Schuster, 2015), 84.
- Gwen Westerman and Bruce White, *Mni Sota Makoce: The Land of the Dakota* (Minnesota Historical Society Press, 2012).
- 5. McAnulty, Diary of a Young Naturalist, 23–24.

Chapter 6: I Can Be My Real Self

- 1. Specifically the iteration of Courtency Cox from her breakout role in *Ace Ventura: Pet Detective.*
- John F. Strang, Lauren Kenworthy, Aleksandra Dominska, et al., "Increased Gender Variance in Autism Spectrum Disorders and Attention Deficit Hyperactivity Disorder," *Archives of Sexual Behavior* 43, no. 8 (2014): 1525–1533, doi:10.1007/s10508-014-0285-3.
- 3. Yergeau provides a helpful gloss of the term "neuroqueer" and its origins in *Authoring Autism*, 26–27.
- 4. Nick Walker, "Neuroqueer: An Introduction," 2015, last updated 2021, https://neuroqueer.com/neuroqueer-an-introduction/.
- 5. See, for example, Alex Kronstein, "Treating Autism as a Problem: The Connection Between Gay Conversion Therapy and ABA," Nova Scotia Advocate, July 11, 2018, https://nsadvocate.org/2018/07/11/treating-autism-as -a-problem-the-connection-between-gay-conversion-therapy-and-aba/; Elizabeth DeVita-Raeburn and Spectrum, "Is the Most Common Therapy for Autism Cruel?," *The Atlantic*, August 11, 2016, https://www.theatlantic.com/health/archive/2016/08/aba-autism-controversy/495272/; and Elizabeth DeVita-Raeburn, "The Controversy over Autism's Most Common Therapy," Spectrum, August 10, 2016, https://www.spectrumnews.org/features /deep-dive/controversy-autisms-common-therapy/.
- 6. "Autistic Self-Advocacy Network, LGBT Groups Release Statement of Needs of Trans Autistic People," ASAN, June 22, 2016, https://autisticadvocacy.org/2016/06/autistic-self-advocacy-network-lgbt-groups-release-statement -on-needs-of-trans-autistic-people/.

Chapter 7: Becoming Rainbow Man

1. From DJ Savarese, *A Doorknob for the Eye*, available at http://www.djsavarese .com/3d-flip-book/doorknobfortheeye/.

Chapter 8: Living in a State of Hell

- 1. This concept is explored in great depth by Resmaa Menakem in his book *My Grandmother's Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Minds* (Central Recovery Press, 2017).
- 2. Living white in America can also be a kind of hell, rife with spiritual disfigurement and often compounding its deformations by masquerading as heaven.

- 3. A useful discussion of standpoint theory and how it relates to intersectionality can be found in an episode of *Scene on Radio*, "S3 E4: Feminism in Black and White," August 22, 2018, https://www.sceneonradio.org/episode-50 -feminism-in-black-and-white-men-part-4/.
- 4. Diane di Prima, "Revolutionary Letter #10", in *Revolutionary Letters* (City Lights Books, 1971), 19.
- 5. "Junauda Petrus Reads Her Poem: Give the Police Departments to the Grandmothers," Vimeo, https://vimeo.com/426276718.

Chapter 9: Calm-Arriving to a Wanting Safe World

- 1. Or, as Jessi Dolch pointed out to me, you might also encounter billowing, in its proper context, while reading The Book of Psalms. She wrote: "I'm not a Christian, but Psalm 42 is a lovely one about grief and hope and comfort, with the lines 'Deep calls to deep / at the thunder of your cataracts; / all your waves and your billows / have gone over me.' This also came to me as I read this poem."
- 2. Lorde, Sister Outsider, 102.
- 3. I came to Neil Marcus's work by way of Sunaura Taylor, who cites the quotation here as featured in *Occupying Disability: Critical Approaches to Community, Justice, and Decolonizing Disability*, ed. Pamela Block, Devva Kasnitz, Akemi Nishida, and Nick Pollard (Springer, 2015).

Chapter 10: The How of Autism

- "COVID 19 Artist Feature Five: Imane Boukaila," April 26, 2020, https:// explicitliteraryjournal.com/2020/04/26/covid-19-feature-five-imane -boukaila/.
- 2. For a thorough examination of this topic, see Torres and Whyatt, *Autism*, or download a digital version at https://www.researchgate.net/publication /316954991_Autism_The_Movement_Sensing_Perspective.
- 3. Often readers discover this work in our newsletter, The Listening World, which can be found at thelisteningworld.substack.com.
- 4. See adrienne maree brown's theory that all political organizing is an act of science fiction, which she describes in *Pleasure Activism: The Politics of Feeling Good* (AK Press, 2019) as "shaping the future we long for and have not yet experienced" (10).
- 5. Rodas, Autistic Disturbances, 9–10.

- 6. Also from Manning, *Always More Than One*: "the *how* of knowing much exceeds the *what* (and the who) of knowing" (181).
- 7. Lorde, Sister Outsider, 42.
- 8. brown, Pleasure Activism, 50.
- 9. Yergeau, Authoring Autism, 27.

Chapter 11: May Today Be Awake

- 1. Mukhopadhyay, Mind Tree, 117.
- 2. I do also want to note, however, how much joy Sid takes in refusing simplicity, an act of resistance I hear alongside Alexis Pauline Gumbs, who writes about honoring "what it means to refuse to be seen, to be known, to participate when politics as we know them have prioritized recognition by and access to the dominant paradigm." Gumbs goes on to praise "all those who love with a depth beyond recognition, nurturing freedom over understandability, valuing life as so much more than simple comprehension" (*Undrowned*, 109–110).
- "2017 Poems and Art for Peace Blog 2," The Art of Autism, September 1, 2017, https://the-art-of-autism.com/2017-poems-and-art-for-peace-blog-2/.
- 4. "May Poem," August 1, 2017, http://growourjoy.org/2017/08/01/may/.

Coda: Full Spiral

- Although Max's name is the only one to appear on the cover, and they indeed did write many of the poems on their own, the chapbook features many collaborations with Mark, who also played a role in helping Max edit the chapbook.
- 2. Unrestricted Interest is an LLC. That may change, but thus far it's suited our poets' ways, making what we can in the time we glean between raising kids, climbing mountains, playing gigs, and writing our own poems.

Afterword: Belonging to the Future

1. Which gives them no less a legal claim to the land than those who view it as property. In addition to their historical claim, the Dakota people's ethic of stewardship and relation gives them a superior moral claim as well. For more on this topic, I highly recommend Martin Case's unparalleled exploration *The Relentless Business of Treaties: How Indigenous Land Became U.S. Property* (Minnesota Historical Society Press, 2018).

- 2. That said, my family does possess the indenture of my great-great-grandfather Edward Chapman, an Irishman who, by way of temporary servitude, settled down with his Scottish wife, Isabella Meldrum, in late-nineteenth-century Nebraska. Chapman comes from the profession of the chapman, a peddler of cheap goods. This is where the term "chapbook" arises, the chapman selling small, cheap volumes on the street. So I come from the distribution and democratization of literature as well.
- 3. Mohawk seed keeper Rowen White speaks of diaspora as a nearly universal experience and how each of us has been born into the grief of displacement, severed from the roots of our indigenous knowing. She also points toward a diaspora of language, enacted brutally among indigenous people by forced boarding schools where native languages were forbidden. Both Hannah and I feel a distinct diasporic breach between us and the wild language of our Celtic ancestors, something we've discussed at length. I first heard White speak of these topics on Prentis Hemphill's *Finding Our Way* podcast, in an episode titled "Seeds, Grief, and Memory with Rowen White."
- 4. Like so many disabled individuals before us, my mother and I have learned a thousand ways to better sustain ourselves with care, ingenuity, and resilience. I am grateful every day for her mentorship and grieve that she had to face the disequilibrium of disability unmentored for so many years.
- 5. Gumbs, Undrowned, 8.
- 6. These gifts allow me to sense minute changes in the emotional tenor of others, which is a crucial aspect of my work; but they often backfire at home, where parenting small children whose emotional landscape changes minute by minute can whiplash my nervous system until I'm facedown on the carpet.
- 7. I can spot animals in a field or remember exactly where my wife left her keys but am also constantly reorganizing spaces since an unintentional clutter leaves me addled. In my house we talk often of where things belong, and I can't help but see each object—cup, rock, book, pen—as a subject seeking to find its place.
- 8. Care Work (Arsenal Pulp Press, 2019) is a crucial resource guide for what it has meant to be intersectionally disabled over the past half century and what it might mean moving forward. It's one of the clearest and most vibrant examples I know for articulating the ways in which queer, neurodivergent, BIPOC (Black, indigenous, and people of color), and disabled artists have created ingenious, community-based responses to the problems of our current society.