

# MAKE AMERICA HEALTHY AGAIN

How Bad Behavior and  
Big Government Caused  
a Trillion-Dollar Crisis

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This book contains information relating to health care. It should be used to supplement rather than replace the advice of your doctor or another trained health professional. If you know or suspect that you have a health problem, it is recommended that you seek your physician's advice before embarking on any medical program or treatment. All efforts have been made to ensure the accuracy of the information contained in this book as of the date of publication. The publisher and the author disclaim liability for any adverse effects arising from the use or application of the information contained herein.

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FIRST EDITION

Library of Congress Cataloging-in-Publication Data has been applied for.

ISBN 978-0-06-296100-6

20 21 22 23 24 LSC 10 9 8 7 6 5 4 3 2 1

# RESOURCES

## **HEART HEALTH:**

<http://www.nsc.org/Connect/NSCNewsReleases/Lists/Posts/Post.aspx?ID=263>

<https://www.healthsystemtracker.org/chart-collection/mortality-rates-u-s-compare-countries/#item-u-s-highest-rate-deaths-amenable-health-care-among-comparable-oecd-countries>

## **MENTAL HEALTH:**

<https://www.nami.org/Learn-More/Mental-Health-By-the-Numbers>

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1563985/>

<https://www.nasmhpd.org/docs/publications/MDCdocs/Mortality%20and%20Morbidity%20Final%20Report%208.18.08.pdf>

<https://jamanetwork.com/journals/jamapsychiatry/fullarticle/208671>

<https://adaa.org/about-adaa/press-room/facts-statistics#>

## **TOBACCO USE:**

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4862676/>